



The professional treatment cream that is light as a feather and won't leave any telltale signs on your skin. It is your perfect choice to prepare your body for the ultimate workout. Gain the most from your sport or exercise regime, while protecting and preparing your body for the long haul. Indulge in hand-selected ingredients such as Coconut Oil, Black Pepper, Cinnamon, Pennywort, and Lemongrass essential oils, well known for their actions that may assist with endurance, muscle preparation, and circulation.

#### BENEFITS

- Reduce muscle and joint pain
- Invigorate muscles
- Prepare and protect joints
- Improve performance
- Speed up recovery
- Increase blood circulation
- Enhance endurance

Apply to your body, focusing on muscles and joints prior to your workout.

#### MAIN INGREDIENTS

##### FRACTIONATED COCONUT OIL

Anti-bacterial, high Lauric Acid content, and rich in nutrients.

##### CENTELLA OIL

It is rich in amino acids, beta-carotene, fatty acids, and phytochemicals. Improves the circulatory system, and rheumatic pain, stimulates the synthesis of collagen, tones, and restores the skin.

##### ARNICA MONTANA OIL

Reduces inflammation and pain related issues, dissolves bruising.

##### BASIL OIL

It has analgesic, anti-inflammatory, and antispasmodic properties soothing and reducing muscle pain, spasm, and inflammation. Enhances product penetration.

##### BLACK PEPPER OIL

It has analgesic and anti-inflammatory properties and stimulates circulation, soothes painful muscles, joint pain, and stiffness.

##### CINNAMON LEAF OIL

It has anti-inflammatory, analgesic, antispasmodic, and vasodilatory properties. Its powerful local anesthetic effect helps soothe muscles.

##### LEMONGRASS OIL

It has energizing and uplifting properties which help manage pain and inflammation and has a tonic effect on the tissues.

##### LIME OIL

It has energizing, tonic, and balancing effects.

##### PEPPERMINT OIL

It is excellent for pain, inflammation, spasms, and circulation stimulation. It is emotionally and energetically stimulating, which effects complement a pre-workout synergy.

##### ROSEMARY OIL

Regenerating, analgesic, balancing, cleansing.

##### HORSE CHESTNUT EXTRACT

The leaf is used for painful conditions including headache, nerve pain (particularly sciatica), arthritis, ovarian pain, and menstrual cramps.

##### ARNICA EXTRACT

Beneficial effect on soft tissue injury, swelling, muscle and joint pain, inflammation, and bruising.

##### CAUSTICUM EXTRACT

Improves muscular and fibrous tissue injury, pain, and stiffness. Stimulates circulation, and improves flexibility of ligaments.

##### SKULLCAP EXTRACT

Improves muscle spasms, circulation, and physical fatigue.

#### DIRECTIONS

Apply directly to the targeted area as needed.

#### CONTRAINDICATIONS

Do not use if allergic to any of the ingredients.

